Frequency tables for HK Family Happiness Index Survey

[Q1/Q21/Q41] Have you been living happily in the past few months?								
	Parents			Young adults			Children	
	Freq.		%	Freq.		%	Freq.		%
Very happily	55	)273	10.9	)54.0	34	)281	6.7	)55.5	107	)371	21.2	)73.6
Quite happily	218		43.1		247		48.8		264		52.4	
Half-half	174		34.4		178		35.2		119		23.6	
Quite unhappily	29	)57	5.7	)11.3	40	)47	7.9	)9.3	11	)13	2.2	)2.6
Very unhappily	28		5.5		7		1.4		2		0.4	
DK/HS	2		0.4		0		0.0		1		0.2	
Total	506		100.0		506		100.0		504		100.0	

[Q2/Q22/Q42] Please use a scale of 0 to 100 marks to rate your degree of happiness for the past few months, in which 0 meaning extremely unhappy, 100 meaning extremely happy and 50 meaning half-half. How many marks would you give yourself? [Input exact figure]						
	Parents		Young adults		Children	
	Freq.	%	Freq.	%	Freq.	%
0-19	19	3.8	2	0.4	1	0.2
20-39	11	2.2	15	3.0	4	0.8
40-60	190	37.5	169	33.4	83	16.5
61-80	215	42.5	250	49.4	219	43.5
81-100	67	13.2	70	13.8	196	38.9
DK/HS	4	0.8	0	0.0	1	0.2
Total	506	100.0	506	100.0	504	100.0
Mean	64.8		67.2		76.7	
Median	70.0		70.0		80.0	
Mode	50		70		80	
St. error	0.91		0.70		0.68	
Base	502		506		503	

[Q3/Q23/Q43] Please use a scale of 0 to 100marks to rate the degree of happiness of your friends and family for the past few months, in which 0 meaning extremely unhappy, 100 meaning extremely happy and 50 meaning half-half. How many marks would you give them? [Input exact figure]

	Parents		Young adults		Children	
	Freq.	%	Freq.	%	Freq.	%
0-19	6	1.2	0	0.0	1	0.2
20-39	5	1.0	3	0.6	2	0.4
40-60	204	40.3	187	37.0	84	16.7
61-80	218	43.1	287	56.7	266	52.8
81-100	44	8.7	25	4.9	148	29.4
DK/HS	29	5.7	4	0.8	3	0.6
Total	506	100.0	506	100.0	504	100.0
Mean	64.8		66.3		75.8	
Median	70.0		70.0		80.0	
Mode	70		70		80	
St. error	0.72		0.55		0.62	
Base	477		502		501	

[Q4/Q24/Q44] How much do you agree to the following statement? "Happiness depends on how I deal with my life."

	Parents			Young adults			Children		
	Freq.		%	Freq.		%	Freq.		%
Very much agree	196	)429	38.8)85.0	223	)459	44.1)90.7	175	)417	34.7)82.7
Quite agree	233		46.1	236		46.6	242		48.0
Half-half	45		8.9	35		6.9	62		12.3
Quite disagree	16		3.2	8		1.6	18		3.6
Totally disagree	6	)22	1.2)4.4	1	)9	0.2)1.8	3	)21	0.6)4.2
DK/HS	9		1.8	3		0.6	4		0.8
Total	505		100.0	506		100.0	504		100.0
Missing	*1*								

[Q5/Q25/Q45] How much do you agree to the following statement? "The richer I am, the happier I am"

	Parents				Young adults				Children			
	Freq.		%		Freq.		%		Freq.		%	
Very much agree	37	)135	7.3	)26.7	41	)164	8.1	)32.4	32	)111	6.4	)22.1
Quite agree	98		19.4		123		24.3		79		15.7	
Half-half	131		25.9		143		28.3		95		18.9	
Quite disagree	181	)235	35.8	)46.5	154	)199	30.4	)39.3	195	)294	38.8	)58.4
Totally disagree	54		10.7		45		8.9		99		19.7	
DK/HS	4		0.8		0		0.0		3		0.6	
Total	505		100.0		506		100.0		503		100.0	
Missing	*1*				*--*				*1*			

[Q6/Q26/Q46] How much do you agree to the following statement? "The happier my family is, the happier I am"

	Parents				Young adults				Children			
	Freq.		%		Freq.		%		Freq.		%	
Very much agree	346	)485	68.4	)95.8	297	)479	58.7	)94.7	272	)475	54.0	)94.2
Quite agree	139		27.5		182		36.0		203		40.3	
Half-half	8		1.6		21		4.2		21		4.2	
Quite disagree	8	)11	1.6	)2.2	3	)6	0.6	)1.2	6	)8	1.2	)1.6
Totally disagree	3		0.6		3		0.6		2		0.4	
DK/HS	2		0.4		0		0.0		0		0.0	
Total	506		100.0		506		100.0		504		100.0	

[Q7/Q27/Q47] How much do you agree to the following statement? "The more happiness I can bring to the others, the happier I am"

	Parents		Young adults		Children	
	Freq.	%	Freq.	%	Freq.	%
Very much agree	258)458	51.1)90.7	218)452	43.1)89.3	251)464	49.8)92.1
Quite agree	200	39.6	234	46.2	213	42.3
Half-half	29	5.7	35	6.9	25	5.0
Quite disagree	12)15	2.4)3.0	13)17	2.6)3.4	15)15	3.0)3.0
Totally disagree	3	0.6	4	0.8	0	0.0
DK/HS	3	0.6	2	0.4	0	0.0
Total	505	100.0	506	100.0	504	100.0
Missing	*1*		*--*		*--*	

[Q8/Q28/Q48] How much do you agree to the following statement? "Hong Kong is a place full of happiness"

	Parents		Young adults		Children	
	Freq.	%	Freq.	%	Freq.	%
Very much agree	39)211	7.7)41.8	28)174	5.5)34.5	86)287	17.1)56.9
Quite agree	172	34.1	146	28.9	201	39.9
Half-half	138	27.3	172	34.1	130	25.8
Quite disagree	120)150	23.8)29.7	133)159	26.3)31.5	70)85	13.9)16.9
Totally disagree	30	5.9	26	5.1	15	3.0
DK/HS	6	1.2	0	0.0	2	0.4
Total	505	100.0	505	100.0	504	100.0
Missing	*1*		*1*		*--*	

[Q9] Whom do you think you are happiest to be with? (No answers provided, one answer only)		
	Parents	
	Freq.	% (N=504)
Child/ children	259	51.4
Spouse/ lover	125	24.8
Friends/ schoolmates/ colleagues	30	6.0
Other family members	30	6.0
Mother	8	1.6
Siblings	5	1.0
No-one, happy to be alone	5	1.0
Father	4	0.8
Others	6	1.2
DK/ HS	32	6.3
Total	504	100.0
Missing	*2*	

[Q29] Whom do you think you are happiest to be with? (No answers provided, one answer only)		
	Young adults	
	Freq.	% (N=501)
Friends/ schoolmates/ colleagues	162	32.3
Mother	124	24.8
Spouse/ lover	85	17.0
Siblings	40	8.0
Father	28	5.6
Other family members	25	5.0
No-one, happy to be alone	6	1.2
Some-one bright/ could make you happy	6	1.2
Kids/ young people	3	0.6
Others	5	1.0
DK/HS	17	3.4
Total	501	100.0
Missing	*5*	

[Q49] Whom do you think you are happiest to be with? (No answers provided, one answer only)		
	Children	
	Freq.	% (N=503)
Friends/ schoolmates/ colleagues	269	53.5
Mother	108	21.5
Siblings	48	9.5
Father	32	6.4
Other family members	20	4.0
Spouse/ lover	7	1.4
Others	10	2.0
DK/HS	9	1.8
Total	503	100.0
Missing	*1*	

[Q10] Who would you talk to when you feel unhappy? (No answers provided, one answer only)		
	Parents	
	Freq.	% (N=498)
Spouse/ lover	210	42.2
Friends/ schoolmates/ colleagues	117	23.5
Child/ children	43	8.6
Do not talk to others when unhappy	29	5.8
Siblings	20	4.0
Other family members	12	2.4
Mother	11	2.2
God	7	1.4
Father	2	0.4
Others	3	0.6
DK/HS	44	8.8
Total	498	100.0
Missing	*8*	

[Q30] Who would you talk to when you feel unhappy? (No answers provided, one answer only)		
	Young adults	
	Freq.	% (N=503)
Friends/ schoolmates/ colleagues	287	57.1
Spouse/ lover	83	16.5
Mother	54	10.7
Siblings	29	5.8
Do not talk to others when unhappy	23	4.6
Father	7	1.4
Teacher/ social worker	4	0.8
Other family members	2	0.4
Others	2	0.4
DK/HS	12	2.4
Total	503	100.0
Missing	*3*	

[Q50] Who would you talk to when you feel unhappy? (No answers provided, one answer only)		
	Children	
	Freq.	% (N=504)
Friends/ schoolmates/ colleagues	243	48.2
Mother	142	28.2
Siblings	39	7.7
Do not talk to others when unhappy	24	4.8
Father	22	4.4
Other family members	6	1.2
Teacher/ social worker	4	0.8
Spouse/ lover	3	0.6
God	2	0.4
Others	7	1.4
DK/HS	12	2.4
Total	504	100.0

[Q11][For parents] Please use a scale of 0 to 100 marks to rate the degree of happiness of you living with your children, in which 0 meaning extremely unhappy, 100 meaning extremely happy and 50 meaning half-half. How many marks would you give? [Input exact figure]

[Q31/Q51][For young adults/ children] Please use a scale of 0 to 100 marks to rate the degree of happiness of you living with your parents, in which 0 meaning extremely unhappy, 100 meaning extremely happy and 50 meaning half-half. How many marks would you give? [Input exact figure]

	Parents		Young adults		Children	
	Freq.	%	Freq.	%	Freq.	%
0-19	1	0.2	1	0.2	2	0.4
20-39	1	0.2	1	0.2	7	1.4
40-60	76	15.0	105	20.8	35	6.9
61-80	236	46.6	271	53.7	130	25.8
81-100	188	37.2	124	24.6	330	65.5
DK/HS	4	0.8	3	0.6	0	0.0
Total	506	100.0	505	100.0	504	100.0
Missing	--		*1*		--	
Mean	79.0		74.3		80.0	
Median	80.0		75.0		80.0	
Mode	80		80		80	
St. error	0.70		0.64		0.70	
Base	502		502		504	

[Q12] What do you usually do to make your children happy? (Read out items 1-6, in order randomized by computer, multiple answers are allowed)

	Parents		
	Freq.	%	% of sub- sample (N=504)
Outdoor activities together	365	23.0	72.4
Having fun at home together	294	18.5	58.3
Chatting/story-telling	269	17.0	53.4
As long as I'm with them, they'll be happy	265	16.7	52.6
Buying gifts to children	230	14.5	45.6
Accompanying them to study	142	9.0	28.2
Cook good food for them	10	0.6	2.0
Nothing at all	8	0.5	1.6
DK/HS	2	0.1	0.4
Total	1585	100.0	--
Missing	2		

[Q32] What do you usually do to make your parents happy? (Read out items 1-6, in order randomized by computer, multiple answers are allowed)

	Young adults		
	Freq.	%	% of sub- sample (N=504)
Spend more time with them	418	29.3	82.9
Study hard/ Work hard	310	21.7	61.5
Live a happy life	230	16.1	45.6
Doing chores for them	229	16.1	45.4
Paying family expenses/ Fulfilling their materialistic needs	228	16.0	45.2
Be a good person/ Be good	4	0.3	0.8
Nothing at all	2	0.1	0.4
Others	3	0.2	0.6
DK/HS	2	0.1	0.4
Total	1426	100.0	
Missing	2		

[Q52] What do you usually do to make your parents happy? (Read out items 1-6, in order randomized by computer, multiple answers are allowed)

	Children		
	Freq.	%	% of sub- sample (N=504)
Study hard/ Work hard	401	31.3	79.6
Spend more time with them	334	26.1	66.3
Doing chores for them	259	20.2	51.4
Live a happy life	203	15.8	40.3
Paying family expenses/ Fulfilling their materialistic needs	69	5.4	13.7
Be a good person/ Be good	6	0.5	1.2
Make them gifts/ surprise	6	0.5	1.2
Nothing at all	1	0.1	0.2
Others	2	0.2	0.4
Total	1,281	100.0	

[Q13] Your relationship with whom do you think most affect whether you are happy or not? (No answers provided, one answer only)

	Parents	
	Freq.	% (N=504)
Relationship with spouse/ lover	186	36.9
Relationship with child/ children	131	26.0
Relationship with schoolmates/ colleagues	41	8.1
Relationship with friends	27	5.4
Relationship with other family members	26	5.2
Relationship with parents	15	3.0
No relationship would affect my mood	15	3.0
Others	8	1.6
DK/HS	55	10.9
Total	504	100.0
Missing	2	

[Q33] Your relationship with whom do you think most affect whether you are happy or not? (No answers provided, one answer only)

	Young adults	
	Freq.	% (N=502)
Relationship with parents	174	34.7
Relationship with friends	113	22.5
Relationship with spouse/ lover	98	19.5
Relationship with schoolmates/ colleagues	67	13.3
Relationship with other family members	12	2.4
DK/HS	38	7.6
Total	502	100.0
Missing	*4*	

[Q53] Your relationship with whom do you think most affect whether you are happy or not? (No answers provided, one answer only)

	Children	
	Freq.	% (N=497)
Relationship with friends	208	41.9
Relationship with parents	192	38.6
Relationship with schoolmates/ colleagues	46	9.3
Relationship with other family members	25	5.0
No relationship would affect my mood	6	1.2
Relationship with teachers	4	0.8
Relationship with spouse/ lover	3	0.6
DK/HS	13	2.6
Total	497	100.0
Missing	*7*	

[Q14] When someone next to you are not happy, what would you do to make him/her feel better? (No answers provided, multiple answers are allowed)

	Parents		
	Freq.	%	% of sub-sample (N=504)
Talk to him/her/ Tell jokes	284	39.8	56.3
Listen to his/her	114	16.0	22.6
Do leisure activities with him/her	72	10.1	14.3
Keep him/ her company/ Do what he/ she likes with him/her	61	8.6	12.1
Buy something he/ she likes to him/ her	39	5.5	7.7
Will not do anything	39	5.5	7.7
Let him/ her alone/ Not to bother him	27	3.8	5.4
Do/ make something/gifts for him/ her	16	2.2	3.2
Do sports activities with him/her	11	1.5	2.2
Help him/her to solve the problem/ Support him/ her	8	1.1	1.6
Hug/ kiss her	3	0.4	0.6
Others	10	1.4	2.0
DK/ HS	29	4.1	5.8
Total	713	100.0	
Missing	2		

[Q34] When someone next to you are not happy, what would you do to make him/her feel better? (No answers provided, multiple answers are allowed)

	Young adults		
	Freq.	%	% of sub-sample (N=504)
Talk to him/her/ Tell jokes	296	39.1	58.7
Keep him/ her company/ Do what he/ she likes with him/her	121	16.0	24.0
Listen to his/her	120	15.8	23.8
Do leisure activities with him/her	97	12.8	19.2
Buy something he/ she likes to him/ her	35	4.6	6.9
Will not do anything	27	3.6	5.4
Do sports activities with him/her	12	1.6	2.4
Help him/her to solve the problem/ Support him/ her	11	1.5	2.2
Do/ make something/gifts for him/ her	10	1.3	2.0
Let him/ her alone/ Not to bother him	7	0.9	1.4
Hug/ kiss her	2	0.3	0.4
Others	8	1.1	1.6
DK/ HS	12	1.6	2.4
Total	758	100.0	
Missing	2		

[Q54] When someone next to you are not happy, what would you do to make him/her feel better? (No answers provided, multiple answers are allowed)

	Children		
	Freq.	%	% of sub-sample (N=503)
Talk to him/her/ Tell jokes	341	48.2	67.8
Listen to his/her	116	16.4	23.1
Keep him/ her company/ Do what he/ she likes with him/her	85	12.0	16.9
Do leisure activities with him/her	43	6.1	8.5
Buy something he/ she likes to him/ her	23	3.3	4.6
Will not do anything	23	3.3	4.6
Do/ make something/gifts for him/ her	22	3.1	4.4
Let him/ her alone/ Not to bother him	11	1.6	2.2
Help him/her to solve the problem/ Support him/ her	10	1.4	2.0
Do sports activities with him/her	8	1.1	1.6
Hug/ kiss her	3	0.4	0.6
Others	7	1.0	1.4
DK/ HS	15	2.1	3.0
Total	707	100.0	
Missing	*1*		

[Q15] What kind of activities/ events would make you very happy? (No answers provided, multiple answers are allowed)

	Parents		
	Freq.	%	% of sub- sample (N=505)
Leisure activities with family	185	23.3	36.6
Personal leisure activities that I like	122	15.4	24.2
Leisure activities with friends	73	9.2	14.5
Children behaving good	67	8.4	13.3
Talking to family	60	7.6	11.9
Child to have good academic performance/ Child is smart	50	6.3	9.9
Talking to friends	37	4.7	7.3
Earn lots of money/ win money	29	3.7	5.7
Family members are happy/ healthy	23	2.9	4.6
Satisfaction in school/ work place/ Appreciation by others	23	2.9	4.6
Traveling/ Holiday	20	2.5	4.0
Sleeping	10	1.3	2.0
Help others, e.g. volunteering work	8	1.0	1.6
Support/ love by people surrounding	8	1.0	1.6
Eating	6	0.8	1.2
Overcome difficulties successfully	5	0.6	1.0
Doing exercise	5	0.6	1.0
Being with family/ loved one	4	0.5	0.8
Others	17	2.1	3.4
DK/ HS	42	5.3	8.3
Total	794	100.0	
Missing	*1*		

[Q35] What kind of activities/ events would make you very happy? (No answers provided, multiple answers are allowed)

	Young adults		
	Freq.	%	% of sub- sample (N=504)
Personal leisure activities that I like	200	26.4	39.7
Leisure activities with friends	146	19.3	29.0
Leisure activities with family	74	9.8	14.7
Talking to friends	59	7.8	11.7
Satisfaction in school/ work place/ Appreciation by others	54	7.1	10.7
Talking to family	29	3.8	5.8
Traveling/ Holiday	25	3.3	5.0
Earn a lot of money/ win money	22	2.9	4.4
Doing exercise	19	2.5	3.8
Sleeping	15	2.0	3.0
Support/ love from people surrounding	15	2.0	3.0
Help others, e.g. volunteering work	13	1.7	2.6
Eating	12	1.6	2.4
Overcome difficulties successfully	9	1.2	1.8
Family members are happy/ healthy	8	1.1	1.6
No activities/ events	7	0.9	1.4
Receiving gifts/ surprise	6	0.8	1.2
Being with family/ loved one	4	0.5	0.8
Engaging in religious activities	4	0.5	0.8
Playing with kids/ animals	4	0.5	0.8
Others	6	0.8	1.2
DK/ HS	27	3.6	5.4
Total	758	100.0	
Missing	*2*		

[Q55] What kind of activities/ events would make you very happy? (No answers provided, multiple answers are allowed)

	Children		
	Freq.	%	% of sub- sample (N=501)
Personal leisure activities that I like	220	29.2	43.9
Leisure activities with friends	155	20.6	30.9
Satisfaction in school/ work place/ Appreciation by others	81	10.8	16.2
Leisure activities with family	78	10.4	15.6
Talking to friends	71	9.4	14.2
Talking to family	35	4.6	7.0
Help others, e.g. volunteer work	21	2.8	4.2
Doing exercise	14	1.9	2.8
Sleeping	10	1.3	2.0
Overcome difficulties successfully	9	1.2	1.8
Support/ love by people surrounding	7	0.9	1.4
Saw funny things/ heard funny jokes	7	0.9	1.4
Traveling/ Holiday	6	0.8	1.2
Family members are happy/ healthy	5	0.7	1.0
Receiving gifts/ surprise	5	0.7	1.0
No activities/ events	5	0.7	1.0
Earn a lot of money/ win money	3	0.4	0.6
Others	4	0.5	0.8
DK/ HS	17	2.3	3.4
Total	753	100.0	
Missing	*3*		

[Q16] When you are happy, how would you express your happiness? (No answers provided, multiple answers are allowed)

	Parents		
	Freq.	%	% of sub- sample (N=504)
By behaviours (e.g. laughing, singing, whistling)	355	61.1	70.4
Tell my family directly	95	16.4	18.8
Not to express by any way as it is good enough that I know it	70	12.0	13.9
Tell my friends directly	46	7.9	9.1
Others	2	0.3	0.4
DK/ HS	13	2.2	2.6
Total	581	100.0	
Missing	*2*		

[Q36] When you are happy, how would you express your happiness? (No answers provided, multiple answers are allowed)

	Young adults		
	Freq.	%	% of sub- sample (N=505)
By behaviours (e.g. laughing, singing, whistling)	384	60.5	76.0
Tell my friends directly	108	17.0	21.4
Tell my family directly	85	13.4	16.8
Not to express by any way as it is good enough that I know it	53	8.3	10.5
DK/ HS	5	0.8	1.0
Total	635	100.0	
Missing	*1*		

[Q56] When you are happy, how would you express your happiness? (No answers provided, multiple answers are allowed)

	Children		
	Freq.	%	% of sub- sample (N=504)
By behaviours (e.g. laughing, singing, whistling)	421	67.3	83.5
Tell my family directly	86	13.7	17.1
Tell my friends directly	84	13.4	16.7
Not to express by any ways as it is good enough that I know it	25	4.0	5.0
Others	1	0.2	0.2
DK/ HS	9	1.4	1.8
Total	626	100.0	

[Q17] If you are to make Hong Kong people happier, what advice would you give them? (No answers provide, multiple answers are allowed)

	Parents		
	Freq.	%	% of sub- sample (N=493)
Reduce workload	139	20.9	28.2
Take things easy/ Not to be stubborn	72	10.8	14.6
Treat others better/ Not to be selfish	52	7.8	10.5
Treat oneself better/ Enjoy life more	50	7.5	10.1
Share happiness/ worries with others more	38	5.7	7.7
Do more voluntary community services	34	5.1	6.9
Spend more time with family/ loved ones	28	4.2	5.7
Smile/ laugh more	26	3.9	5.3
Travel more	17	2.6	3.4
Not to demand too much/ Be contented	14	2.1	2.8
Relax/ not to give oneself too much pressure	14	2.1	2.8
Be optimistic/ Think positive/ Be active	14	2.1	2.8
Not to be so materialistic	14	2.1	2.8
Go to play more often	13	2.0	2.6
Eat more good food	11	1.7	2.2
Do more sports activities	9	1.4	1.8
Be religious	7	1.1	1.4
Better social economy/ Everyone has a job/ Better salary	3	0.5	0.6

Others	22	3.3	4.5
DK/ HS	89	13.4%	18.1%
Total	666	100.0	
Missing	*13*		

[Q37] If you are to make Hong Kong people happier, what advice would you give them? (No answers provide, multiple answers are allowed)

	Young adults		
	Freq.	%	% of sub- sample (N=498)
Take things easy/ Not to be stubborn	136	20.5	27.3
Reduce workload	69	10.4	13.9
Smile/ laugh more	49	7.4	9.8
Treat others better/ Not to be selfish	48	7.2	9.6
Not to demand too much/ Be contented	47	7.1	9.4
Relax/ not to give oneself too much pressure	32	4.8	6.4
Not to be so materialistic	31	4.7	6.2
Spend more time with family/ loved ones	29	4.4	5.8
Better social economy/ Everyone has a job/ Better salary	26	3.9	5.2
Treat oneself better/ Enjoy life more	24	3.6	4.8
Go to play more often	20	3.0	4.0
Do more sports activities	17	2.6	3.4
Be optimistic/ Think positive/ Be active	17	2.6	3.4
Travel more	14	2.1	2.8
Do more voluntary community services	13	2.0	2.6
Share happiness/ worries with others more	12	1.8	2.4
Do more charity work	3	0.5	0.6
Eat more good food	1	0.2	0.2
Be religious	1	0.2	0.2
Others	9	1.4	1.8
DK/ HS	65	9.8	13.1
Total	663	100.0	
Missing	*8*		

[Q57] If you are to make Hong Kong people happier, what advice would you give them? (No answers provide, multiple answers are allowed)

	Children		
	Freq.	%	% of sub- sample (N=503)
Take things easy/ not to be stubborn	123	19.1	24.5
Smile/ laugh more	64	9.9	12.7
Treat others better/ Not to be selfish	58	9.0	11.5
Reduce workload	50	7.8	9.9
Go to play more often	41	6.4	8.2
Relax/ Not to give oneself too much pressure	31	4.8	6.2
Not to demand too much/ Be contented	29	4.5	5.8
Spend more time with family/ loved ones	27	4.2	5.4
Treat oneself better/ Enjoy life more	26	4.0	5.2
Not to be so materialistic	20	3.1	4.0
Do more sports activities	17	2.6	3.4
Share happiness/ worries with others more	16	2.5	3.2
Be optimistic/ Think positive/ Be active	14	2.2	2.8
Better social economy/ Everyone has a job/ Better salary	14	2.2	2.8
Travel more	8	1.2	1.6
Do more voluntary community services	8	1.2	1.6
Do more charity work	5	0.8	1.0
Others	7	1.1	1.4
DK/ HS	86	13.4	17.1
Total	644	100.0	
Missing	*1*		

[Q18/Q28/Q58] Do you do volunteer work usually? If so, around how many hours did you spend on volunteer work in the past year? [Input exact figure]

	Parents		Young adults		Children	
	Freq.	%	Freq.	%	Freq.	%
1-9 hours	20	4.0	44	8.7	110	21.9
10-19 hours	25	5.0	28	5.5	51	10.1
20-29 hours	12	2.4	30	5.9	25	5.0
30-39 hours	12	2.4	10	2.0	6	1.2
40-49 hours	6	1.2	6	1.2	5	1.0
50 hours/ more	45	8.9	51	10.1	30	6.0
Do not do volunteer work	361	71.6	329	65.1	264	52.5
DK/HS	23	4.6	7	1.4	12	2.4
Total	504	100.0	505	100.0	503	100.0
Missing	2		1		1	
Mean	72.3		67.2		27.4	
Median	30.0		20.0		10.0	
Mode	10		10		10	
St. error	13.12		9.91		5.20	
Base	120		169		227	

[Q19/Q39/Q59] Do you think you become happier or less happy after you have done volunteer work?

	Parents			Young adults			Children		
	Freq.		% (N=122)	Freq.		% (N=169)	Freq.		% (N=228)
Much happier	63	)109	51.6	)89.3	78	)141	46.2	)83.4	106	)197	46.5	)86.4
A little happier	46		37.7		63		37.3		91		39.9	
Not much difference	10		8.2		25		14.8		27		11.8	
A little less happy	0	)0	0.0	)0.0	1	)1	0.6	)0.6	2	)2	0.9	)0.9
Become very unhappy	0		0.0		0		0.0		0		0.0	
DK/HS	3		2.5		2		1.2		2		0.9	
Total	122		100.0		169		100.0		228		100.0	

[Q20/Q40/Q60] Lastly, how many times on average do you smile or laugh each day? [Input exact figure]						
	Parents		Young adults		Children	
	Freq.	%	Freq.	%	Freq.	%
0-9 times	132	26.1	97	19.2	127	25.2
10-19 times	127	25.1	133	26.3	100	19.8
20-29 times	47	9.3	69	13.6	59	11.7
30-39 times	39	7.7	48	9.5	39	7.7
40-49 times	7	1.4	11	2.2	22	4.4
50 times / more	89	17.6	117	23.1	129	25.6
DK/HS	65	12.8	31	6.1	28	5.6
Total	506	100.0	506	100.0	504	100.0
Mean	20.1		23.6		24.4	
Median	10.0		20.0		20.0	
Mode	10		50		50	
St. error	0.83		0.80		0.85	
Base	441		475		476	